



SOCCKER COACHES MEETING

Please mute your mics after you log in – both cell phones and on your computers. Host will also mute all participants. If on WebEx, you can mute by clicking the microphone icon. On your cell phone, you have to actually mute your phone.

If you have questions throughout the presentation, please drop them in the chat box and the host will ensure they are addressed. If you are on your phone and have questions, please wait until the end of the presentation when we ask for them, unmute your phone and then ask.

This presentation will be available on the website as well. Thank you for attending!



CYSA BOARD

Columbus Youth Soccer Association

Don't hesitate to call your division manager if a problem arises or if you have any soccer program related questions.

Title	Name	Phone	Email
Sports Programs Manager	Seth Rice	(812) 376-2658	srice@columbus.in.gov
Sports Coordinator	Collin Lollar	(812) 375-2741	clollar@columbus.in.gov
U5 Division	Bill Storkman	(812) 343-3597	bill.r.storkman@cummins.com
U6 Division	Dave VanValkenburg	(812) 343-2642	david.j.vanvalkenburg@cummins.com
U8 Boys Division	Steve Krebs	(812) 447-1086	krebsfun@comcast.net
U8 Girls Division	Tim Larken	(812) 371-7796	timlarken6@gmail.com
U10 Boys Division	Evan Adams	(812) 603-2691	evan.adams@gmail.com
U10 Girls Division	Aaron Bunch	(812) 447-8980	bunch.aaron11@gmail.com
U14 Boys Division	Joe Sawin	(812) 374-2148	foursix4v@yahoo.com
U14 Girls Division	Bryce Mitchell	(812) 344-3133	brycekm@hotmail.com
U18 Division	Bill Storkman	(812) 343-3597	bill.r.storkman@cummins.com
Referee Division	Rob Heathcote	(812) 344-8437	rob.a.heathcote@cummins.com



WEBSITE

There are a lot of resources available to you as a coach and we hope that you'll take the time to look through them. Sending this link out to your participants could also be tremendously helpful to them and you!

Location:

<https://columbusparksandrec.com/programs-and-events/sports/youth-sports/soccer-programs/>



CYSA PROGRAM OBJECTIVES

- 1) Provide an opportunity for area youth of varying soccer abilities to engage in fun and recreational soccer matches under the supervision of coaches and trained officials.
- 2) Provide area youth an opportunity to learn and improve soccer skills in a fun, minimally competitive environment.
- 3) Provide the necessary environment for the advancement of soccer in the community.



CODE OF CONDUCT

- Please take time to review and send to your parents, the [Youth Sports Code of Conduct](#)
- Anyone who fails to conform their conduct to the preceding code of conduct while attending, coaching, officiating, or participating in a youth sports event will be subject to disciplinary action, including but not limited to the following in any order or combination:
 - Verbal warning issued by the league or organization.
 - Written warning issued by the league or organization.
 - Suspension or immediate ejection from a youth sports event issued by the league or organization or by someone who is authorized to issue such suspension or ejection by the league or organization.
 - Suspension from multiple youth sports events by the league or organization or by the appropriate official authorized to issue such suspension by the league or organization.
 - Season suspension or multiple season suspension issued by the league or organization.



KEY DATES

- NYSCA coaches training – Online and FREE
- Referee training – **March 25th, 5:30pm – 7:00pm, NexusPark Fieldhouse (online learning required in advance of onsite)**
 - Required for first time refs; optional for returning refs and coaches.
 - Additional online resources available on the referee page.
- Practice Signup – Prior to or by Coaches Meeting
- Contact players by – **ASAP but no later than March 9th**
- Practices can begin – **March 10th (weather permitting)**
- First game – **March 29th**
- Picture day process – **March 29th inside Parkside's gymnasium. These happen regardless of if game is rained out.**
- Last game/Awards & equipment return (U5, U6 & U8 receive medals, all others receive passes) – **May 3rd (May 4th if games are rained out)**

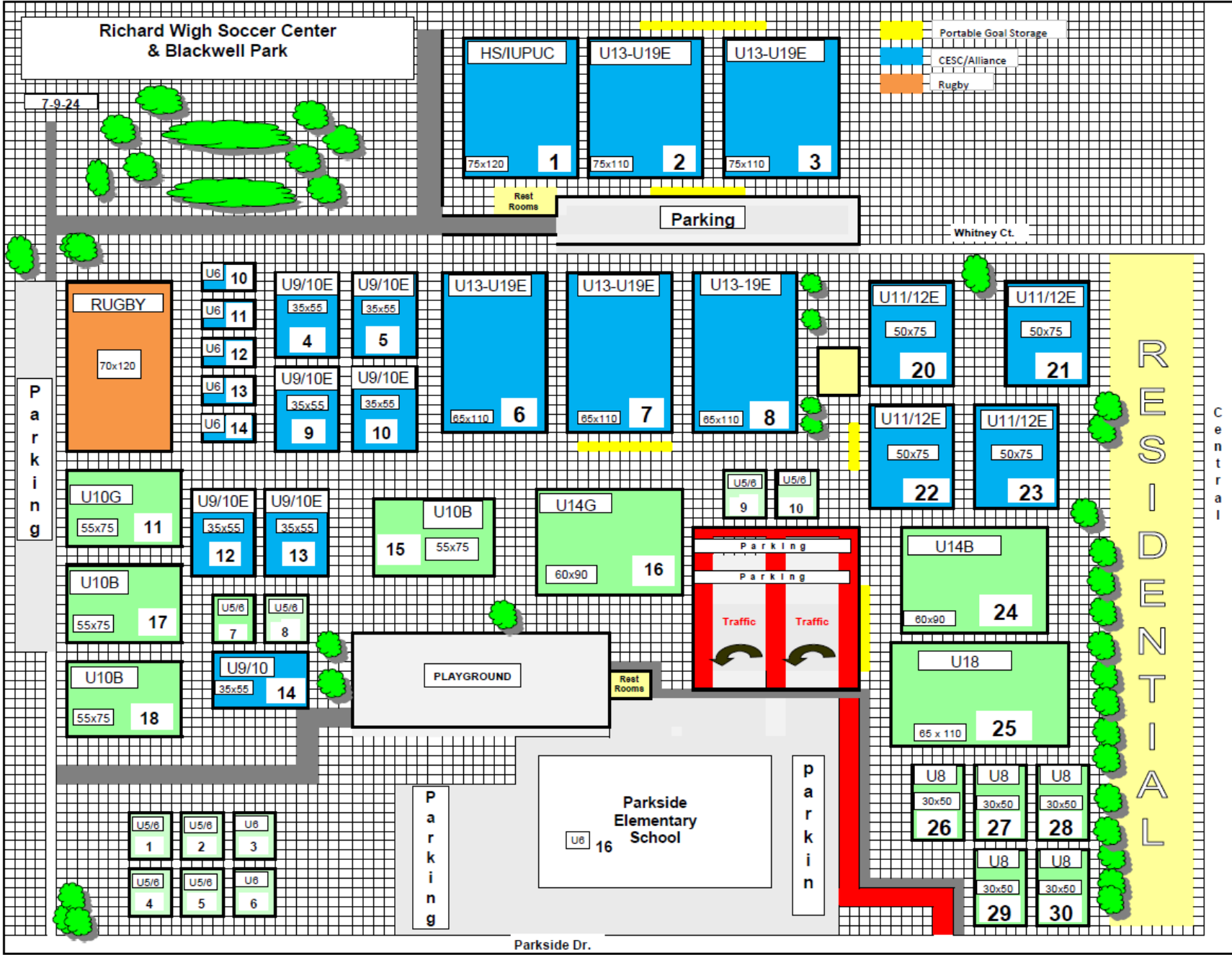


FIELD LAYOUT

- Field layout explained
 - Ideal parking for parents during games
 - Location of the Soccer Supervisor (restroom building near Parkside), AED and First Aid

(Layout on next slide)

2025 Spring Season



Parkside Dr.



COACH REMINDERS

- Sign up for practice times. Division Managers should be asking for requested times, but there will also be a sign up sheet at equipment pickup which will take place on **March 5th and 6th** from 8a-6p @ Nexus Park (Meeting room B).
- Background checks for coaches should be complete, if you are missing any please get them in ASAP ([available online](#)).
- Game schedules for each division are online on the youth soccer page (**when available**).
- Photo day schedules will be posted online on the youth soccer page.



WEATHER INFORMATION

- Remind app will be used to relay league wide information such as weather cancellations and league reminders.
- Games will be played as scheduled unless there is thunder/lightning or extreme cold. You can check the status of the games by signing up for REMIND notifications, the website www.columbusparksandrec.com, or on our [Facebook Page](#).
- Coaches are to cancel practice if there is thunder or lightning. Thunder means that lightning is close enough to strike.
- We follow the IHSAA policy for thunder/lightning - exit the fields and seek shelter if thunder is heard or lightning is seen for 30 minutes.
- The Parks Department may also close the fields, if there has been a significant amount of rain, in efforts to protect the field from unrepairable damage.



REMIND APP VIA PHONE

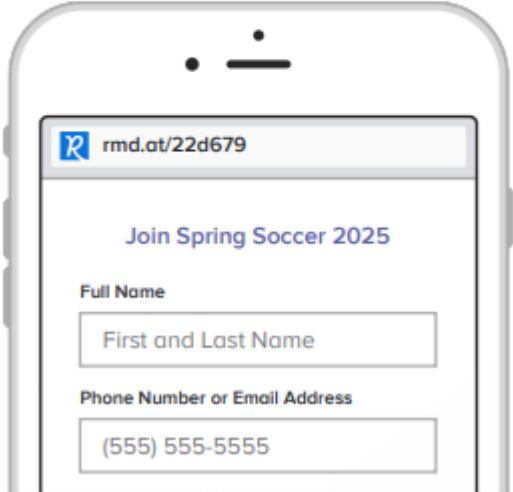
Pick a way to receive messages for **Spring Soccer 2025**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/22d679

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.





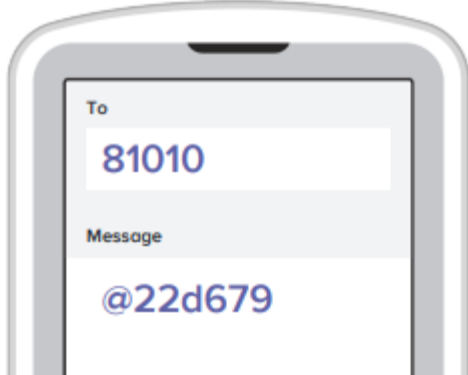
REMIND APP VIA TEXT

B If you don't have a smartphone, get text notifications.

Text the message @22d679 to the number 81010.

If you're having trouble with 81010, try texting @22d679 to (415) 749-9891.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/22d679 on a desktop computer to sign up for email notifications.



TEAM COMMUNICATION TOOL

- SportsYou is a team communication app. It's free to download.
- Each coach will be responsible for setting up their own teams. You will need to invite the parents for your players and use the tool for communication throughout the season!
- Should drastically cut back on need for group texts/emails.
- Upload the schedule, field layout, etc. right on the app in your team.
- Group message through the app.
- Take and post pictures for others on the team throughout the season.
- Not required but HIGHLY encouraged.



SPORTSYOU APP

Join via Website

New Users

1. From your computer or phone, go to **sportsyou.com**
2. Click **Get Your Free Account** and enter your email
3. Go to your email and click **Confirm Your Email**
4. Click **Enter Access Code** to enter code, then finish set up

Existing Users

1. From your computer or phone, go to **sportsyou.com** and login
2. In left column, click **Join Team/Group**
3. Click **Enter Access Code** to enter code

Join via App

New Users

1. On mobile device download **sportsYou app** from the **App Store** (iOS) or **Google Play Store** (Android)
2. Tap **Create Account** or **Continue with Google**
3. Tap **Enter Access Code** to enter code, then finish set up

Existing Users

1. On mobile device login
2. In bottom tray, tap **Teams/Groups**
3. Tap **blue + button**, then tap **Join Team/Group**



visit us at www.sportsyou.com
or in the app stores





RETURNING COACH DISMISSED

- Go over questions so far
- Those coaches who have coached with us before are then free to leave the call



PLAYER RULES

- Must not be negative toward coaches, referees, or other players.
- Must not use foul language at any time.
- Must not climb on soccer goals or nets.



PLAYER EQUIPMENT

- Shin guards are mandatory for each player (games and practices)
- Must not wear any sharp objects or jewelry (including ear rings and wristwatches) during games or practices. Taping ear rings is generally not sufficient protection and therefore generally not allowed. (Note: The referee's decision is final regarding player equipment and is typically made to ensure safe playing conditions for all players.)
- Mouth guards are recommended.
- Soccer cleats (plastic not metal) are recommended.
- Shorts and long socks are appropriate for each player. If extremely cold, jackets or sweatshirts should be worn under team jersey so colors and numbers are visible.



COACH RULES

- Must be positive with all players, other teams/coaches, and the referees. Keep in mind that first and foremost, **you are a role model for the kids.**
- Must ensure that all players play at least two quarters of each game, and that all players get equal playing time over the course of the season.
- Play the same number of players as your opponent in the event they are unable to field a “full” squad.
- Give players an opportunity to play a variety of (offensive and defensive) positions over the course of the season.
- Must ensure that the Goalkeeper wears a shirt of a contrasting color from his team’s and the opposing team’s shirt colors (white is recommended).



COACH RULES

- Must coach only from the sideline between midfield line and goal line (**not** from the goal line or behind the goal).
 - For U5 and U6 coaches – you will coach from the playing field (pitch) as you referee and instruct the players.
- Must avoid running up the score against a weaker team.
- Must remain off the playing field during the game, unless a player is injured.
- Must not leave the field until all your players have been picked up for both practices and games.
- Must not trade players or tell a player he/she can be on your team without prior permission from the Division Manager.
- Must not have a game or practice without an adult present if you are unable to be there.
- Must not cancel a game without prior permission from the Division Manager/League Administrators.



COACH RULES

- Do not move goals or allow players to climb on them or the nets.
- Do not share contact information – use bcc for emails and no group texts.
- Red cards are not necessarily a multi-game suspension. If a red card is issued, contact your division manager ASAP.
- Make sure you know substitution procedures.
- Complete your referee evaluation forms after each game (available onsite and [online](#)).
- Read the concussion and dehydration information and fill out the emergency action plan!
- Carry a basic first aid kit (ice packs, band-aids, insect bite relief, etc.). There is a first aid kit and AED onsite during game days.
- Please contact your Division Manager if you have any questions or problems throughout the season. The sooner the better!



COACHES TO DO LIST

- Contact your players immediately to introduce yourself and inform them of your first practice (see sample parent letter in coaches manual).
- Meet the parents at the first practice.
- Provide a link to the game schedule online and/or email a copy.
- Provide a link to the field layout online and/or email a copy.
- Enlist the help of parents for your practices.
- Read and adhere to the [CYSA Coaches Manual](#)
- HAVE FUN!!!



PARENT RULES

- Must sit on the side of the field opposite the players.
- Must not be negative toward (e.g., yell at) other teams/coaches, the players, or the referees.
- Must pick up players on time after practice.
- Must help ensure that players comply with the player rules noted above.
- Read and adhere to the [CYSA Coaches Manual](#)



REFEREES

- Referees control the game, please support them:
 - Keep in mind that many of them are only 14 years old.
 - Referees decisions are final (particularly regarding player equipment)
 - Referees may stop clock for injuries/delays
 - Referees may eject players or coaches for foul language or repeated unsportsmanlike conduct. An ejected player is not allowed to play in next regularly scheduled game
 - Teams may be asked to provide one (parent) line judge to assist the referee
 - Please turn in your referee evaluations as soon as possible so that we can address any issues in a timely manner.



SOCCKER RULES BY DIVISION

	U5/U6	U8	U10	U12/U14	U18
Off-side?	No	No ¹	Yes	Yes	Yes
Direct kicks on fouls?	No	No	Yes	Yes	Yes
Penalty kicks?	No	No	Yes	Yes	Yes
6 second rule? (Goal Keeper)	N/A	No ²	Yes	Yes	Yes
Pass back to keeper allowed to be picked up?	N/A	Yes	No	No	No
Ref carding?	No	No	Yes	Yes	Yes
Repeat throw-ins?	Twice, then play on	Twice, then play on	Twice, then give to other team	No (Give to other team)	No (Give to other team)
No. of players	4	7	8-9	11	9-11
Length of quarters	10 min.	10 min.	25 Min. (Halves)	25 Min. (Halves)	25 Min. (Halves)
No. of refs	0 (coach reffed)	1-2	2-3	2-3	2-3
Ball size	3	3	4	4	5
Headers Allowed?	No ³	No ³	No ³	No ³	No ³

¹Ref will call "Cherry Picking"

²Ref should instruct Keeper to release ball if held longer than 6 seconds.

³Ref will award an indirect kick to the opposing team when header is deemed intentional.



SOCCER RULES

- All players shall play a minimum of half of the game (two quarters for U6-U8; halves for U10 and above). All players shall play equal playing time over the course of the season.
- For U6-U8, substitutions are allowed only on quarter breaks. For U10 and above, substitutions are allowed on any ball out of play stoppage. For U10 and above, a player receiving a yellow card must be substituted.
- Time to wait for forfeiture is 15 minutes after scheduled start for all divisions.
- Spectators on opposite side of the field from the team.
- We have banned heading at all age levels in both games and practices.



PHOTO DAY PROCESS

Set-up:

- 1 Gym Entrance (Left), 1 Gym Exit (Right)
- 1 location for Check-in (outside gym) Extra forms available at Check-in table.
- 1 location for Payment (inside gym)
- Baskets available to transport cleats if needed. 1 team per basket.

Prior to Entering Gym:

- Coach gathers team outside of gym and collects completed registration forms.
- Coach checks in at Check-in Table and confirms ready to go.
- Coach takes completed registration forms into gym to complete check-in.
- Pro-Tek check-in table person verifies forms and payment enclosed.
- At designated time, Coach collects team and goes to designated photo station.
- Players remove cleats on tarp at entrance & place in basket. One parent can assist.
- Parent transports basket to exit and waits for players.



PHOTO DAY PROCESS (Cont.)

Inside the Gym:

- 2-3 Photo Stations, each with 1 Team & 2 Individual photographers
- 3-4 photo staff to handle registration/payment

Gym Activity:

- Players and Coaches ONLY allowed inside gym. (1 parent helper permitted for younger players.)
- No cleats allowed inside gym. Tennis shoes and sandals OK.
- Team follows photographer directions.
- No parent observers in gym



**Thank you for your assistance and the
commitment to our youth soccer program!**